



## All Saints Roman Catholic High School, A Voluntary Academy

Mr Brian McNally, MA, BSc (Hons), NPQH. Headteacher:

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Wednesday 11th November 2020

Dear Parents and Carers,

## Re. Freeflow Counselling Provision

All Saints' Roman Catholic High School now have a school counselling service within school. This service will be provided one day per week, during term time, and is available to all students.

The counselling service is designed to complement the support services within school by offering additional personal support to students who may benefit from the opportunity to work with a professional counsellor to help them overcome barriers to learning.

The counselling service provides a confidential service to pupils with social, emotional, behavioural or mental health concerns to help them move towards greater well-being and to enable them to make the most of the opportunities offered for their social and academic development in school and the realisation of their ambitions.

The counselling service is provided by Freeflow Counselling Service, a local charity based in Burnley that has been delivering counselling within schools and colleges for 13 years. The School Counsellor, Nicola Duffy, belongs to a professional counselling body, British Association for Counselling and Psychotherapy (BACP), and holds relevant counselling qualifications. The counselling service will be properly supervised by a qualified supervisor and will be regularly evaluated and reviewed.

Referrals to the counselling service can be made directly to myself, or indirectly through a member of school pastoral staff.

More information about Freeflow can be found on their website, here: https://www.freeflowcounsellingservice.co.uk/

If you wish to discuss this further, feel you do not want your child to attend, or need more information, please contact us by email to: safeguarding@allsaintshigh.lancs.sch.uk.

Yours sincerely,

Mr Paul Sexton Assistant Headteacher (Pastoral) and Designated Safeguarding Lead