

Title	Ingredients
Oreo Doughnuts	Hopwells pre-packaged: Contains SOYBEANS, MILK, CEREAL, WHEAT, PALM OIL . May contain EGGS .
Mini Gingerbread Men	WHEAT flour (with added calcium, iron, niacin B3, thiamine B1); sugar; invert sugar syrup; vegetable oils (palm oil; rapeseed oil; sunflow oil), ground ginger; sodium bicarbonate.
Individually Wrapped Jam Slices	WHEAT flour (with added calcium, iron, niacin B3, thiamine B1); mixed fruit jam 24% (glucose syrup, sugar, plum puree, apple puree, raspberry puree, citric acid, sodium citrate, pectin, colour E163, flavouring) margerine (palm/ rapeseed oils, water, salt emulsifier S471, flavouring); sugar; EGG ; raising agents (E450:E500).
Gingerbread Biscuits (45-50g)	Hopwells pre-packaged: Contains MILK, CEREAL, WHEAT, PALM OIL . May contain SOYBEANS, EGGS, TREE NUTS, ALMONDS, HAZELNUTS .
Banana Cake	Margerine (vegetable oils (rapeseed/ palm), salt, emulsifiers (mono + diglycerides of fatty acids), polyoxyethelene sorbitan monostearate, acidity regulator (citric acid), vitamin E, flavouring, MILK , colour (beta carotene)); sugar; WHEAT flour (with calcium carbonate, iron, niacin, thiamin); vanilla essence; banana; raising agents (sodium acid pyrophosphate); sodium carbonate; anti-caking agent (sodium hexacyanoferrate II); EGGS ; icing sugar; cocoa powder.
Chocolate Muffin	Sugar; WHEAT flour (contains calcium, iron, niacin, thiamin); reduced fat cocoa powder; raising agents (E450, E500); thickener (xanthan gum); dried whole EGG powder.
Plain Sponge Cake with Icing & Sprinkles	WHEAT flour (WHEAT , calcium, iron, niacin, thiamin); sugar; vegetable oil blend (palm & rapeseed oil); dextrose; palm oil; butter MILK powder; dried whole EGG powder; emulsifier (glucose syrup, E472b, E477, SOYA flour); raising agent (E500(ii)); skimmed MILK powder; leavening agent (E450(vii), E34(i)); whey powder (MILK); acid caesin (MILK); sodium carbonate; disodium phosphate; dried EGG white powder; raising agent (E450 (i), E526, E341); flavouring; thickener (xanthan gum); icing sugar (E341); SOYA LECITHIN ; colouring E141, E160a, E162; hydrogenated vegetable fat.
Raspberry Buns	Fortified flour (WHEAT , calcium carbonate, iron, niacin, thiamin); sugar; vegetable oils (rapeseed oil, palm oil); slat; emulsifiers (mono + diglycerides of fatty acids); polyoxyethylene sorbitan monostearate; acidity regulator (citric acid); vitamin E; flavouring (MILK); colour (beta carotene); baking powder; raising agents (sodium acid pyrophosphate, sodium bicarbonate); mixed fruit jam (apples, plums, strawberries, apricots, peaches, grapes, glucose syrup, gelling agent (pectin), citric acid); EGGS .
Flapjacks	OATS (Mornflake 100% Oatflakes); margerine (vegetable oils (rapeseed oil, palm oil), salt, emulsifiers (mono + diglycerides of fatty acids, polyoxyethylene sorbitan monostearate, acidity regulator (citric acid), vitamin E, flavouring (MILK), colour (beta carotene)); sugar (brown cane); molasses; invert sugars; syrup; partially inverted syrup.
Carrot Cake	WHEAT flour (contains calcium, iron, niacin, thamin, sugar, vegetable oil blend (palm + rapeseed oil); dried whole EGG powder; malted BARLEY ; maize starch; raising agents (E500(II), E450(I); SOYA flour; modified maize starch; whey, Carrots, (MILK) powder; acid casein; sodium carbonate; disodium phosphate; salt; emulsifier (rice starch E475,E471); colour (caramel powder); flavouring; thickener (xanthan gum); ground cinnamon oil; SOYA bean oil (produced from genetically modified soya oil); anti-foaming agent (E900); emulsifiers (mono + diglcerides of fatty acids); polyoxyethylene; sorbitan monostearate; acidity regulator (citric acid); vitamin E; flavouring (MILK); colour (beta carotene); icing sugar (E341).
Plain Chocolate Sponge Cake, with Icing and Sprinkles.	WHEAT flour (WHEAT , calcium, iron, niacin, thiamin); sugar; vegetable oil blend (palm & rapeseed oil); reduced fat coco powder (4.8%); dried whole EGG powder; raising agents (E450(i), E341 (i), E500(ii)); dextrose; skimmed MILK powder; buttermilk powder (MILK); whey powder (MILK); acid casein; sodium carbonate; disodium phosphate; dried EGG white powder; chocolate flavour (0.4%); maltodextrin; thickener (xanthan gum); colour (caramel powder); emulsifier; glucose syrup; E4723, E477, SOYA flour; flavour; sprinkles (chocolate; sugar; reduced fat cocoa powder); vegetable fat (palm); anti-caking agent (talc); icing (cocoa powder; icing sugar, E341).

Museli Bars	OATS (Mornflake 100% Oakflakes); sultanas; candied mixed peel; lemon peel; glucose-fructose syrup; salt; acidity regulator (citric acid); preservative (sulphur dioxide); sunflower oil; sugar syrup; vegetable oil (rapeseed oil, palm oil); emulsifiers (mono + diglycerides of fatty acids); polyoxyethylene sorbitan monostearate; citric acid; vitamin E; flavouring (MILK); colour (beta carotene); branflakes.
Afghan Biscuits	WHEAT flour (contains calcium, iron, niacin, thamin); raising agents (sodium acid pyrophosphate; sodium carbonate); vegetable oils (rapeseed oil, palm oil); salt; emulsifier (mono + diglycerides of fatty acids); polyoxyethylene sorbitan monostearate; acidity regulator (citric acid); vitamin E; flavouring (MILK); colour (beta carotene); castor sugar; OATS (100% oat flakes); cocoa powder (fat reduced); icing sugar; E341; non-hydrogenated vegetable fat; SOYA LECITHIN ; colour E141, E100, E160a, E162, SOYA.
Shortbread	WHEAT flour (contains calcium, iron, niacin, thamin, GLUTEN); semolina; margerine (vegetable oils (rapeseed oil, palm oil); salt; emulsifier (mono + diglycerides of fatty acids); polyoxyethylene sorbitan monostearate; acidity regulator (citric acid); vitamin E; flavouring (MILK); colour (beta carotene)); castor sugar, E341.
Fudge Brownie	WHEAT flour (contains calcium, iron, niacin, thamin); sugar; vegetable oil blend (palm & rapeseed oils); reduced fat cocoa powder (6%); dried whole EGG powder; dried glucose; slat; emulsifier (rice starch, E475, E471); chocolate flavour (0.45%); flavouring.
Plain Cookies	WHEAT flour (contains calcium, iron, niacin, thamin); sugar; vegetable oil blend (palm & rapeseed oils); whey powder (MILK); raising agents (E500(ii), E450(i)); dextrose; maltodextrin; dried whole EGG powder; flavouring; colour (annatto).
Chocolate Cookies	WHEAT flour (contains calcium, iron, niacin, thamin); sugar; vegetable oil blend (palm & rapeseed oils); reduced fat cocoa powder (3.5%); raising agents (E500(ii), E450(i)); dextrose; maltodextrin; colour (caramel powder); dried whole EGG powder; dried EGG white powder; chocolate flavouring (0.35%).
Coconut Biscuits	Margerine (vegetable oils (rapeseed oil, palm oil); salt; emulsifier (mono + diglycerides of fatty acids); polyoxyethylene sorbitan monostearate; acidity regulator (citric acid); vitamin E; flavouring (MILK); colour (beta carotene)); coconut (sulphur dioxide); fortified WHEAT flour (contains calcium, iron, niacin, thamin); raising agents (sodium acid pyrophosphate, sodium bicarbonate).
Cheese Pizza	Fortified WHEAT flour (contains calcium, iron, niacin B3, thamin B1); tomato puree; mozzarella cheese (MILK) (10%); water; vegetable oils (palm oil, sunflower oil); mature cheddar cheese (MILK) (4%); Monterey Jack cheese (MILK) (4%); Emmental cheese (MILK) (2%); yeast; sugar; salt; modified potato starch; BARLEY ; malt extract; emulsifier (E472e); thickener (guar gum); garlic; acidity regulator (calcium phosphates); herbs & spices; flour treatment agent (ascorbic acid); flavouring; colouring (beta carotene).
Cheese & Onion Slice	Water; fortified WHEAT flour (contains calcium, iron, niacin, thamin); margerine (palm oil, palm fat, water, salt, rapeseed oil; E471); E330; lemon juice; cheese (MILK); potato; onion; modified starch; MILK proteins; SOYA LECITHIN ; E471; E339; colour (E160); cheese powder (MILK); MUSTARD ; vinegar; yeast extract; E464; white pepper.
Sausage Roll	Water; WHEAT flour; PORK (20%); margerine (palm oil; palm fat; water; rapeseed oil; salt; E471); E330 lemon juice; rusk; E503ii; pork fat; modified starch; MILK proteins; SOYA LECITHIN ; E471; E339iii; E160a; WHEAT starch; Lincolnshire seasoning; lo salt; white pepper; MUSTARD ; nutmeg; herbs (sage; marjoram; thyme; oregano); dextrose preservatives (sodium); E451i; emulsifier; yeast extract E301; bouquet garni; ginger; oregano; pea starch; rubbed sage; white pepper; WHEAT flour (contains calcium carbonate, iron, niacin, thamin).
Burger In A Bun	Beef (90%) ; WHEAT flour (contains WHEAT gluten; calcium carbonate; iron; niacin; thiamin); salt; E503; water; SOYA ; potato starch; dextrose; E621; hydrolysed vegetable protein; E223 (contains sodium metabisulphate); antioxidant E301; yeast; palm/ rapeseed fat & oil; emulsifiers E481, E471; full fat SOYA flour; E282; flour treatment agent E300.

Meatballs in BBQ Sauce in a Panini	PORK (65%) ; water; rusk (WHEAT flour (contains calcium carbonate; iron; niacin; thiamin); salt; anti-caking agent E535; raising agent E503(ii)); seasoning (salt; sugar; spices (black pepper; white pepper; nutmeg; mace)); yeast extract; dehydrated onion; E223 SULPHATE ; emulsifier E450; dextrose; rice flour; antioxidant E300; marjoram; natural onion flavouring; pea protein; SOYA protein; onion powder; spirit vinegard; glucose-fructose syrup; bramley apple puree; SODIUM METABISULPHATE ; apple juice concentrate; colour (amonia; caramel); smoke flavourings; xanthan gum; paprika; dried garlic; dried onion; blackpepper; cayenne pepper; WHEAT flour (contains calcium, iron, niacin, thiamin); water; yeast; olive oil; salt; flour (E300).
Vegan/ Veggie Burger in a Bun	Cooked potato(28%), cooked black turtle beans (contains water), red pepper (10%), red kidney beans (contains water, salt), sweetcorn (9%), bread crumb (contains: rice flour, water, sugar, vegetable fibre, salt, E471, caramelised sugar syrup), paprika, Yellow pepper (7%), spring onion (3%), cornflour, onion, spices, rapeseed oil, tomato puree, salt, sugar, cajun seasoning (0.5% contains salt, paprika, onion powder, cayenne pepper, garlic powder, thyme, chilli, oregano), yeast extract (contains salt), acid E330, herb, natural smoke flavouring.
Vegan Sausage Roll	Water, WHEAT flour (WHEAT flour, calcium cabonate iron, vitamin B3 Vitamin B1) Margarine (palm oil, water, rapeseed oil, salt, emulsifier (mono and Di-glycerides of fatty acids) acid (citric acid), Rusk (WHEAT flour, calcium carbonate, iron, niacin, thaimin) salt, raising agent (ammoniu carbonate, Textured SOYA protein concentrate (4%), rapeseed vegetable oil SOYA protein isoalte (2%) dehydrated onion, potato starch, stabilliser (modified cellulose) , seasoning (salt, herbs, (sage, parsley), potato starch, rice flour, spices (black pepper, nutmeg, coriander), stabiliser (di and polyphosphates, triphosphates), perservative (sodium METABISULPITE (SULPHITES)), Acidity regulator (sodium cirates),, antioxidant (sodium L-Ascorate, spice extracts (pepper, nutmeg, cayenne), herb extracts (sage, thyme)), glaze (water WHEAT protein), salt, balck pepper, flavouring, colouring(paprika concentrate, fenugreek extract,beetroot juice concentrate, vegetable oil (sunflower oil), colour (ammonia caramel), dextrose (from maize), natural flavouring (natural Flavoring, maltodextrin).
Pain Au Chocolat	Dough: WHEAT flour (contains WHEAT , gluten) Butter (MILK)(17.9), water yeast, sugar, salt, baking improve (WHEAT gluten, WHEAT flour, flour treatment agent (ascorbic acid E300)), EGG , Chocolate filling (15.6%) (min 41% cocoa solids) (sugar, cocoa mass, cocoa butter, whole MILK powder, whey powder (MILK) skimmed MILK powder, emulsifer (SOYA lecithin E322)) Topping EGG wash.
Cheesey Garlic Bread	WHEAT flour (with calcium, iron, niacin, thiamin) SOYA flour, yeast powder, dedtrose powder, vegetable fat (palm oil , reapseed oil) salt, calcuim carbonates, emulsifier (mono- and Di-Acetyl tartaric acid esters of mono- and Di-glycerides of fatty acids), vegetable oils (rapeseed oil, plam oil, sunflower oil) water, salt, emulsifier (mono- and di-glyceridesof fatty acids) preservatives (potassium sorbate) acidity regulator (citric acid), flavouring, colour (beta-carotene), vitamin A, vitamin D, thyme, parsley , marjoram, CHEDDAR CHEESE (MILK) (98%) anti caking agent (potato starch), Garlic, Margarine (Vegetable oils, water, salt, potassium sorbate, citric acid, colour, vitamin A, Vitamin D), Herbs (Thyme,Parsley & Marjoram)
Slushy Drink: UNICORN	Water, sugar, humectant (vegetable glycerine) apple juice from concentrate (1%), acid (citric acid) natural flavouring, colours (anthocyanins, titanium dioxide), stabilise (carboxymethylcellilose) vitamins (C.A.E), sweeteners (sucralose, acesulfame K), preservative (potassium sorbate)
Slushy Drink: BLUE RASPBERRY	Water, sugar, humectant (vegetable glycerine), apple juice from consentrate (1%), acid (citric acid), natural flavouring, stabillser (carboxymethylcellulose) vitamins (C.E.A), sweeteners (sucralose, acesulfame K), perservatives (potassium sorbate), Colour (brilliant blue).
Cool Twin Ice lolly	Label on packaging
Tuna on white bread sandwich	WHEAT flour (with added calcium, iron, niacin, thiamin), water, yeast, salt, emulsifiers E472e, E471 (from sunflower and palm oil), SOYA flour, preservates (calcuim propionate), rapeseed oil, flour treatment agent. Absorbic acid, Tuna (FISH), Vegetable oil emulsifer (mono & Diglycerides of fatty acids), Preservative (potassium sorbate), Colour (annotto, Curcumin) Citric Acid, flavouring: MILK

Tuna on brown bread sandwich	Wholemeal WHEAT flour, water, yeast, salt, emulsifier E472e, Preservative E282, Rapeseed Oil, Flour treatment agent E300, palm oil, emulsifer (mono & Diglycerides) Potassium sorbate, colour (annatto, bixin, curcumin), FISH (Tuna) Vegetable oil emulsifer (mono & Diglycerides of fatty acids), Preservative (potassium sorbate), Colour (annatto, Curcumin) Citric Acid, flavouring: MILK .
Cheese on white bread sandwich	WHEAT flour (with added calcium, iron, niacin, thiamin), water, yeast, salt, emulsifiers E472e, E471 (sunflower & palm oil) SOYA flour, preservative, calcium, propionate, rapeseed oil, flour treatment agent, ascorbic acid, cheddar cheese (MILK), anti caking agent-potato starch, palm oil, colour (annatto bixin, curcumin) atric acid potassuim sorbate.
Cheese on brown bread sandwich	Wholemeal WHEAT flour, water, yeast, salt, emulsifier E472e, perservative E282, rapeseed oil, flour treatment agent E300, sugar, Thickener (modified Starch),Cheddar cheese (MILK), anti caking agent- potato starch, palm oil, colour (annatto bixin, curcumin) atric acid potassuim sorbate.
Egg on white bread sandwich	WHEAT flour (with added calcium, iron, niacin, thiamin), water, yeast, salt, emulsifiers E472e, E471 (from sunflower and palm oil), SOYA flour, preservates (calcuim propionate), rapeseed oil, flour treatment agent. Absorbic acid, pasteurised EGG yolk, acetic acid. MUSTARD flour, Xanthan gum, guar gum, potassium sorbate, sodium benzoate, palm oil, emulsifier (mongt diglycerides of fatty acids), colour (annatto), Curcumin Flavouring MILK , EGG
Egg on brown bread sandwich	Wholemeal WHEAT flour, water, yeast, salt, emulsifier E472e, perservative E282, rapeseed oil, flour treatment agent E300, sugar, Thickener (modified Starch), pasteurised EGG yolk, acetic acid, MUSTARD flour, xanthan gum, guar gum, potassium sorbate, sodium benzoate, palm oil, emulsifier (mono & diglycerides of fatty acids), colour (annatto, Curcumin Flavouring: MILK , EGG .
Ham on white bread sandwich	WHEAT flour (with added calcium, iron, niacin, thiamin), water, yeast, salt, emulsifiers E472e, E471 (from sunflower and palm oil), SOYA flour, preservates (calcuim propionate), rapeseed oil, flour treatment agent. Absorbic acid, ham (PORK)
Ham on brown bread sandwich	Wholemeal WHEAT flour, water, yeast, salt, emulsifier E472e, perservative E282, rapeseed oil, flour treatment agent E300, sugar, Thickener (modified Starch), ham (PORK)
Pitta Pockets	WHEAT flour (calcium carbonate, iron, niacin, thiamin), water durum WHEAT , semolina, extra virgin olive oil, yeast, malted BARLEY , flour treatment agent (ascorbic acid). Tomato and onion sauce, (tomatoes, tomato puree, onions, carrots, sunflower oil, sugar, salt, spices, preservative: potassium sorbate, firming agent: calcium chloride
Chicken & Bacon Pasta Pot	Durum WHEAT , chicken breast, salt, tapiocca starch, emulsifier (sodium tripolyphosphate), bacon (PORK), water, E252, E250,E301, rapeseed oil, modified starch, sugar, EGG yolk, acidity acid, MUSTARD , flour stabilisers (xanthan gum, guar gum) preservatives (potassium sorbate, sodium benzoate)
Tomato & Basil Pasta Pot	Tomatoes (75%), Tomato Paste (15%), water, onion, sugar, modified maize starch, dried parsely, dried oregano, ground black pepper, durum WHEAT
Tuna & Sweetcorn Pasta Pot	Tuna (FISH), water, salt, durum WHEAT , sweetcorn, rapeseed oil, thickener (modified starch), sugar, pasturised EGG yolk, acidity regulator (acetic acid), MUSTARD , flour, stabilisers (xanthan gum, guar gum), preservatives (potassuim sorbate, sodium benzoate).
Chicken Tikka Pasta Pot	Chicken breast, tapioca starch, salt, emulsifier, durum WHEAT , water, tomato puree from concentrate (18%) onion puree, spice paste (6%) [rapeseed oil, water, sugar, spices (ginger, cumin, coriander, cardamon, paprika, cassia, cumin seeds, fennel seeds, clove, chilli, fenugreek, black pepper, balck onion seeds) onion, concentrated lemon juice, salt, coriander leaf, garlic powder, acidity regulator (acetic acid)], low fat yoghurt (MILK)(5%) modified maize starch, sugar, coriander leaf (2%), double cream (MILK) (1.5%), lemon juice from concentrate, garlic puree, coriander, colour (paprika extract) salt, cumin powder, ginger puree, chilli powder, acidity regulator (lactic acid) cardamon
Leek & potato soup	Leek, potato, onions, water, MILK , vegetable bouillon paste: sunflower oil, salt, potato starch, maltodextrin, sugar, yeast extract, lovage, carrot powder, onion powder, garlic powder, colour (plain caramel) rosemary extract, turmic, parsley, flavouring, pepper. Margerine: Vegetable oils (rapeseed oil, palm oil, sunflower oil), water, salt, emulsifer (momo- and Di-Glycerides of fatty acids), perservatives (potassium sorbate), acidity regulator (citric acid), flavouring, colour (beta-carotene), Vitamin A, Vitamin D.

Bread slice/ roll	WHEAT flour (with calcium, iron, niacin, thiamin) water, yeast, palm and rapeseed oil, salt, dextrose, emulsifiers E481, E471, full fat SOYA flour, preservative E282, flour treatment agent E300, vegetable oil (rapeseed oil, palm oil, sunflower oil) water, salt, Emulsifier (mono- and di glycerides of fatty acids), preservatives (potassium sorbate), acidity regulator (citric Acid), flavouring, colour (beta-carotene) vitamin A, Vitamin D
Sausage Butty	WHEAT flour (with calcium, iron, niacin, thiamin) water, yeast, palm and rapeseed oil, salt, dextrose, emulsifiers E481, E471, full fat SOYA flour, preservative E282, flour treatment agent E300, vegetable oil (rapeseed oil, palm oil, sunflower oil) water, salt, emulsifier (mono- and di glycerides of fatty acids), preservatives (potassium sorbate), acidity regulator (citric Acid), flavouring, colour (beta-carotene), vitamin A, Vitamin D. PORK(65%) , water, rusk (WHEAT flour (calcium carbonate, iron, niacin, thiamin), salt, (anticaking agent (E535)), raising agent (E503(ii)), seasoning [salt, sugar, spices (black pepper, white pepper, nutmeg, mace) yeast extract, dehydrated onion, preservative (E223) SULPHITE] emulsifier (E450), dextrose, rice flour, antioxidant (E300), marjoram, natural onion flavouring) dextrose, pea protein, SOYA protein, beef collagen casing
Chips in a cone	Potatoes, palm oil, vegetable oil.
Nachos with sauce & cheese	CORN flour (79%), sunflower oil, salt, tomatoes (80%), concentrated tomato puree (10%), sugar, lemon juice from concentrate, onions, modified maize starch, salt, garlic puree, basil leaf, rapeseed oil, oregano, ground black pepper, CHEDDAR CHEESE (MILK) (98%), anti caking agent (potato starch).
Cheese and onion roll	Water, fortified WHEAT flour (WHEAT flour calcium carbonate, iron, Vitamin B3, vitamin B1), margarine (palm oil, water, rapeseed oil, salt, emulsifier: mono & Di- glycerides of fatty acids) acid (citric acid) onion (7%), dehydrated potato (potatoes, emulsifier: mono- and diglycerides of fatty acids), stabiliser: sodium acid pyrophosphate; acidity regulator: citric acid), CHEDDAR CHEESE (MILK) (3%), RED LEICESTER (MILK) (2%), WHOLE MILK powder, modified maize starch, cheese powder (MILK), salt, onion powder, stabiliser: methyl cellulose, glaze (water, WHEAT protein).
Tomato and Basil Soup	Tomato Puree (75%), Tomato, Sugar, Starch, Rapeseed Oil, Basil, Salt, Black Pepper & Paprika
White Chocolate cookies	WHEAT FLOUR , sugar, white chocolate chunks (22%) (sugar, Cocoa Butter WHOLE MILK POWDER , SWEET WHEY POWDER ; LACTOSE ; MILK FAT ; emulsifier, SOYA LECITHIN , natural vanilla flavouring) Palm fat, water rapeseed oil, BUTTER , SWEET WHY POWDER , humectant, glycerol, raising agent, sodium carbonates, diphosphates, molasses, salt, flavouring.
Hot Turkey Barmcake	Turkey, water, stabiliser, salt, pea starch, savoury gravy,vegetable stock (water, onion, tomato ,carrot extract, herbs), tapioca starch, flavourings, glucose syrup, sugar, yeast extracts, colour (caramel), rapeseed oil maltrobextrin, white flour (WHEAT) (with calcium, iron, niacin thiamine) rapeseed fat, E481,E471, SOYA flour E282 agent E300
Turkey on white bread	WHEAT flour (with added calcium, iron, niacin, thiamin), water yeast, salt emulsifiers E472e E471 from sunflower and palm oil SOYA flour preservatives calcium propionate, rapeseed oil, flour treatment agent ascorbic acid vegetable oil emulsifier (mono&diglycerides of fatty acids) preservative (potassium sorbate) colour Annatto, curcumin) citric acid flavouring MILK turkey Pepper
Turkey on brown bread	wholemeal WHEAT flour, water, yeast, salt emulsifier E472e, preservative E282, rapeseed oil, flour treatment agent E300,vegetable oil, palm oil, emulsifier (mono+diglycerides of fatty acids) preservative, potassium sorbate, colour annatto curcumin acidity regulator citric acid, flavoring MILK turkey pepper
Turkey and stuffing on white bread	WHEAT flour (added calcium, iron, thiamin), water, yeast, salt emulsifiers E472e, E471, SOYA flour, preservative calcium propionate, rapeseed oil, ascorbic acid, WHEAT gluten rusk, kibbled onion (15%), dried sage (2%), dried parsley, palm oil, emulsifier (mono & diglycerides potassium sorbate) colour (annatto,bixin curcumin) flavouring MILK , turkey, salt & pepper
Turkey and stuffing on brown bread	wholemeal WHEAT flour, water, yeast, salt emulsifier E472e, preservative E282, rapeseed oil, flour treatment agent E300,colour (annatto bixin curcumin) acidity regulator (citric acid) flavouring MILK emulsifier (mono+diglycerides of fatty acids) MILK powder (mono- and glycerides of fatty acids, calcium silicate) knibbled onion, onion (15%) rusk raising agent, ammonium carbonate) dried sage (2%) dried parsley, turkey

Festive special Brown bread	extra thick mayonnaise (rapeseed oil) water, pasteurised whole EGG spirit vinegar, liquid sugar (sugar water) salt, stabilisers (E412E415) MUSTARD flour, preservative (E202)) Turkey (20%0 (turkey (98%), salt, dextrose, modified maize starch, gelling agent (E407) stabiliser (E451), spices), canberry, sage & onion chutney (water, cranberries(16%), glucose syrup solids, sugar onion(6.5%), spirit vinegar, thickner (modified starch), salt sage (1%), garlic), diced chicken(15%)(chicken breast (98%), water salt), sausages (10%0 (PORK (50%), water rusk (contains WHEAT flour fortified with calcium carbonate iron nicotinamide thaimin), PORK fat PORK rinds SOYA protein salt potato starch flavourings stabilisers (E450) preserative (sodium sulphate), spice, dextrose, sunflower oil, antioxidant (E300)) Bacon (5%) (PORK salt, hydolysed vegetable portein (maize), preservative (sodium nitrtre, sodium nitrate) antioxidant (sodium ascorbate) naturally smoked) MILK wholemeal WHEAT , tartaric, palm oil, citric acid, Flavouring
Festive special white bread	extra thick mayonnaise (rapeseed oil) water, pasteurised whole EGG spirit vinegar, liquid sugar (sugar water) salt, stabilisers (E412E415) MUSTARD flour, preservative (E202)) Turkey (20%0 (turkey (98%), salt, dextrose, modified maize starch, gelling agent (E407) stabiliser (E451), spices), canberry, sage & onion chutney (water, cranberries(16%), glucose syrup solids, sugar onion(6.5%), spirit vinegar, thickner (modified starch), salt sage (1%), garlic), diced chicken(15%)(chicken breast (98%), water salt), sausages (10%0 (PORK (50%), water rusk (contains WHEAT flour fortified with calcium carbonate iron nicotinamide thaimin), PORK fat PORK rinds SOYA protein salt potato starch flavourings stabilisers (E450) preserative (sodium sulphate), spice, dextrose, sunflower oil, antioxidant (E300)) Bacon (5%) (PORK salt, hydolysed vegetable portein (maize), preservative (sodium nitrtre, sodium nitrate) antioxidant (sodium ascorbate) naturally smoked) MILK , WHEAT
sausage roll	Water, WHEAT flour PORK margarine (Palm oil, palm fat, salt,emulsifier E471 acidity regulator (E330), lemon juice, rusk WHEAT MILK proteins SOYA lecithin E471 E339iii) E160a PORK fat, spicies (white pepper, MUSTARD nutmeg herbs(sage,marjoram, thyme, oregano) Dextrose, sodium SULPHATE E451i Pea starch robbe sage, ground white pepper calcium carbonate, Iron, niacin thiamin.
mini Quiche	Pastry case (50%) WHEAT flour, Margarine (palm oil, coconut oil, rapeseed oil, water salt, emulsifier (mono-and Diglycerides of fatty acids),acidity regulator (citric acid, disodium citrate), Natural flavouring, colour (carotenes)), vegetables shortening (palm oil,rapeseed oil), maize four water, sea salt, TOMATO puree. TOMATO and basil filling (50%) water, mature vegetarian cheddar cheese (10%) (MILK) (contains natural colour (annatto), potato starch), chopped TOMATOES (6%) (tomatoes, tomato juice, acidity regulator (citric acid)) EGG , onions whole MILK powder, sun-dried TOMATO mix (2%) (water, sun-dried TOMATOES , rapeseed oil, White wine vinegar, salt, garlic puree, oregano),modified maize starch, TOMATO paste, spinach, dehydrated potato, basil, paprika MUSTARD powder , cheese onion and chive filling (50%) water, onions (13%), mature vegetarian cheddar cheese (MILK) (conatins natural colour (annatto), Potato starch), EGG , modified maize starch, whole MILK powder, chives (1%) dijon MUSTARD (water MUSTARD seeds, spirit vinegar, salt) dehydrated potato, garlic, sea salt, MUSTARD powder.Stilton & Broccoli filling (50%) water, onions, Broccoli (7%), EGG , mature vegetarian cheddar cheese (MILK), (contains natural colour (annatto), potato starch) Vegetarian stilton Cheese (MILK) (5%), modified maize starch, whole MILK powder, dehydrated potato, ruby port, sea salt, MUSTARD powder. mushroom & cheddar filling (50%) water, woodland mushroom mix (11%) (button Mushroom, Oyster mushroom, Shii-take mushroom, pholiota nameko mushroom), mature vegetarian cheddar cheese (7%)(MILK)(contains natural colour (annatto), potato starch) EGG , onions, mushrooms (2%), whole MILK powder, modified maize starch, natural mushroom stock, Garlic nuggest, dehydrated potato, dijon MUSTARD (water MUSTARD seeds,spirit vinegar salt) tarragon, antioxidant (ascorbic acid), MUSTARD powder.

mince pie	pastry:(WHEAT flour (contains calcium carbonate, iron, thiamin, niacin) palm oil sugar rapeseed oil emulsifier (polyglycerol esters of fatty acids)). Mincemeat filling(33%)(sultanas, bramley apple puree (apple acetic acid) sugar glucose syrup mixed peel (glucose-fructose syrup, orange peel sugar lemon peel acidity regulator (sodium citrates), preservatives (potassium sorbate SULHUR DIOXIDE)) vegetable suet (palm oil, sunflower oil rice flower) water modified maize starch mixed spice (coriander, cassia, cinnamon, ginger, nutmeg,caraway,cloves) raisins colour (plain caaramel) Orange
Steak Slice	water, WHEAT flour (contains calcium carbonate, iron, Niacin, Thiamin) margarine, palm oil, palm stearin, salt, rapeseed oil, emulsifer (E471), acidity regulator (E330) lemon juice concentrate, beef, modified starch (potato Tapioca) MILK proteins, emulsifier SOYA lecithin E471, colour E160, modified maize starch, emulsifer E464, malt extract (BARLEY), caramelised sugar, salt, white pepper
Crispy Southern fried chicken fillet on a barm cake	Chicken , water, flour (WHEAT flour(calcium, iron, niacin, thiamin)) Cornflour, salt, thickener E466, ground turmeric, paprika (rapeseed & sunflower oil) flavour E621, spices, whey powder, MILK flavourings, acid E330, Onion Powder, Garlic powder, herb acidity regulator E331, yeast, dextrose, emulsifiers E481, E471 full fat SOYA flour, preservative E282, flour treatment agent E300
Crispy shredded chicken wraps	Chicken, water, breadcrumb (WHEAT flour, calcium carbonate, iron, niacin, thiamin) salt E6221, spices, whey powder, MILK acid E330, onion powder, garlic powder, herb, cornflour, thickenker E466, Turmeric, paprika extract (rapeseed & sunflower oil) E331, dextrose, humectant (glycerine) E450, E500,E341,E296 emulsifier E471, E200, stabiliser E415, lettuce
Cheese & Egg Flan	Cheddar cheese, MILK , anti caking gaent, poato starch, WHEAT flour, calcium carbonate, iron, niacin, thiamin, margaine, water, lemon juice, potassium sorbate, may conatain gluten, MILK, EGG , salt, palm oil, rapeseed oil, citric acid, mono (di-glycerides of fatty acids)
Cheese slice	Water, WHEAT flour (contains calcium carbonate, iron, niacin, thiamin) margarine, palm oil, plam fat, rapeseed oil salt, emulsifier (E471) E330, lemon juice Grated cheese MILK , potatoes, onions, SOYA lecithin E471, Cheese powder, dehydrated potato, dijon MUSTARD, MUSTARD seed spirit vinegar, yeast extract, emulsifier E464, onion powder, white pepper.