

ALLERGEN INFORMATION

Breakfast & Break Menu

Food Item	Contains	May Contain
Toast	Wheat, Soya & Milk	
Plain Croissants	Milk, Wheat	Soya, Eggs, Nuts & Seeds
Garlic Bread	Wheatflour & Milk	
Pain Au Choc	Milk, Eggs, Wheat	Nuts
Sausage Roll	Wheatflour, Milk & Mustard	
Bacon Butty	Wheat, Milk, & Soya	Nuts & Seed
Sausage Butty	Wheat, Soya & Milk	
Waffles	Wheat, Soya & Eggs	Milk
Crumpets	Wheat, Soya & Milk	
Cheese/Ham Panninis	Milk, Wheat & Soya	
Tuna/Cheese Panninis	Fish, Milk, Wheat & Soya	
Pizza Teacake	Milk, Wheat & Soya	
Plain Bagel	Milk, Wheat	
Cheese on Toast	Milk, Wheat & Soya	
Fruit Teacake	Milk, Wheat & Soya	Nuts & Seeds
Plain Teacake	Wheatflour, Soya & Milk	
Nachos/Cheese/Tom & Basil Sauce	Milk	

Lunch Menu Ingredients

Food Item	Contains	May Contain
Chicken & Bacon Pasta Pot	Wheat, Egg, Mustard	
Tomato & Basil Pasta Pot	Wheat	
Tuna & Sweetcorn Pasta	Fish, Wheat, Egg, Mustard	
Chicken Tikka Pasta Pot	Wheat	
Mince Cobbler	Wheat, Milk & Soya	
Hunters Chicken	Celery, Wheat Milk & Soya	
Cheese, Leek & Ham Hotpot	Wheat, Milk & Soya	
Pizza	Wheat	
Burito	Wheat	
Steak Slice	Wheat, Soya, Milk, Barley	Nuts
Cheese & Ham Toasties	Wheat, Milk	
Pizzini – Cheese & Tomato	Wheat, Milk,	
Chicken Wrap	Wheat	
Spaghetti Bollognase	Wheat	
Beef Lasagne	Wheat, Soya	
Chicken Chow Mein	Wheat, Soya	
Chicken Tikka Rice	Wheat, Milk	
Chilli Con Carne	Wheat	
Mince Dumpling	Wheat, Milk	
Toad in the Hole	Wheat, Milk	
Omelettes	Egg, Milk	
Steak Pudding	Wheat, Milk	
Crunchy Roast Chicken Fillets	Celery, Wheat	
Chicken Tikka Curry	Wheat, Milk	

Food Item	Contains	May Contain
Marinated Chicken Tikka	Wheat, Mustard	sesame seeds
Marinated Chinese Chicken	Wheat, Soya	sesame seeds
Cheese & Onion Pie	Wheat, Eggs, Milk	
Shepherd's Pie & Gravy	Wheat, Sulphites	
Roast Beef Dinner	Wheat, Eggs, Milk & Sulphites	
Pasta King & Sauce	Wheat, Milk	
Toad in the Hole	Wheat, Milk	
Beef Lasagne	Wheat, Milk	
Meat & Potato Pie	Eggs, Lupin, Milk	
Chicken Tikka Pasta	Wheat, Milk	
Meatball in BBQ Sauce & Pasta	Celery, Wheat & Soya	
Sausage & Mash	Wheat, Sulphites	
Meat Rolls	Wheat	
Cheese Rolls	Wheat, Milk	
Fish Cakes	Wheat, Fish, Lupin, Milk, Mustard	
Cheese & Veg Bakes	Wheat, Milk	
Salmon & Cheese Sauce	Wheat, Fish, Milk	
Macaroni Cheese	Wheat, Milk	
Vegetable Ravioli	Wheat, Milk	
Tuna	Fish	
Battered Fish	Fish	
Fish Fingers	Eggs, Fish & Milk	
Cheese Slice	Wheat, Milk & Mustard	Nuts
Cheese & Egg Flan	Wheat, Milk	
Savoury Cheese	Fish, Milk & Mustard	
Bread	Wheat	
Broccoli & Cauliflower Cheese	Wheat, Milk	
Pasta	Wheat	
Tuna & Tomato Pasta	Wheat, Fish	
Plain Panninis	Wheat	
Love Joe's Popcorn Chicken	Wheat,	
Pasta King Popcorn Chicken	Celery, Wheat	
Yoghurt Dressing	Eggs, Milk	
Garlic Mayo	Egg	
Milk Shakes	Milk	
Yorkshire Pudding	Wheat, Eggs & Milk	
Tortillas	Wheat	
Amigo Meatballs	Wheat	
BBQ Sausage	Wheat	

Sandwiches

Food Item	Contains	May Contain
Bacon & Cream Cheese Bagel	Wheat, Barley, Eggs Milk, Sesame Seeds	
Bacon, Lettuce & Tomato on Brown Bread	Wheat, Milk,Gluten	
Beef & Onion White Baton	Wheat, Soya, Milk	
Beef Salad White Baton	Wheat, Soya, Milk	
Cheese Sandwich	Wheat, Soya, Milk	
Cheese & Pickle on Brown Bread	Wheat, Milk, Gluten	
Cheese & Pickle Poco Panini	Wheat, Soya, Milk	
Cheese & Tomato on White Bread	Wheat, Soya, Milk	
Cheese & Ham on White Bread	Wheat, Milk	
Cheese & Ham Poco Panini	Wheat, Soya, Milk	
Cheese Savoury on Poco Panini	Wheat, Milk, Egg, Soya, Mustard	
Cheese Savoury on White Bread	Wheat, Milk, Mustard, Egg	
Cheese Savoury with salad on Brown Bread	Wheat, Egg, Mustard, Milk,Gluten	
Cheese Savoury with salad on Brown Baton	Wheat, Egg, Mustard, Milk, Gluten	
Cheese Toastie	Wheat, Soya, Milk	
Cheese & Ham Toastie	Wheat, Soya, Milk	
Cheese Salad on White Barmcake	Wheat, Soya, Milk	
Chicken Tikka Wrap	Wheat	
Chicken Salad Wrap	Wheat	
Chicken Tikka on White Barmcake	Wheat, Milk, Soya	
Chicken Tikka on White Bread	Wheat, Soya, Milk	
Chicken Tikka on White Barmcake	Wheat, Soya, Milk	
Marinated Chicken Tikka Panini	Wheat, Mustard	Sesame Seeds
Marinated Chinese Chicken Panini	Wheat, Soya	Sesame Seeds
Egg Mayonnaise on White Bread	Wheat, Egg, Milk,	
Egg Mayonnaise on Brown Bread	Wheat, Mustard, Milk, Egg, Gluten	
Egg Mayonnaise Bagel	Egg, Mustard, Wheat, Barley, Egg, Milk	Sesame Seeds
Ham & Cheese White Barmcake	Wheat, Milk, Soya	
Ham & Cheese Panini	Milk, Wheat	Sesame Seeds
Ham Sandwich	Wheat, Soya, Milk	
Ham Salad on White Barmcake	Flour, Soya, Milk	
Meatballs in BBQ Sauce Panini	Wheat, Sulphate, Soya, Sodium Metabisul	Sesame Seeds
Turkey & Stuffing on White Bread	Wheat, Soya, Milk	
Turkey Salad on White Baton	Wheat, Soya, Milk	
Tuna & Cucumber on White Bread	Wheat, Soya, Fish, Milk	
Tuna & Cucumber Poco Panini	Wheat, Soya, Milk, Fish	
Tuna Mayo Sandwich (GF)	Mustard, Egg, Milk, Fish	
Tuna Salad on White Baton	Fish, Wheat, Soya, Milk	
Tuna Salad on White Barmcake	Wheat, Soya, Milk, Fish	
Tuna & Cheese Toastie	Wheat, Soya, Milk, Fish	
Tuna & Cheese Panini	Milk, Fish, Mustard, Egg,	Sesame Seeds
Tuna Wrap	Fish, Wheat	
Tuna Mayo Sandwich (GF)	Egg, Mustard	
Tuna & Cucumber Brown Baton	Wheat, Soya, Milk, Fish, Gluten	
Ham Sandwich	Wheat, Milk, Soya	

Food Item	Contains	May Contain
Prawn Salad on White Bread	Crustaceans, Wheat, Soya, Milk	
Prawn Salad on Brown Bread	Crustaceans, Wheat, Milk, Gluten	
Tuna & Cucumber on Wholemeal Bread	Wheat, Milk, Fish, Gluten	
Plate Cheese Salad	Milk, Egg	
Plate Tuna Salad	Fish, Egg	
Plate Ham Salad	Egg	
Plate Prawn Salad	Crustaceans, Egg	

