

Year 7 Curriculum Map: PE

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Unit Title & Assessment Task	<p>Invasion games in a team context.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p>	<p>Invasion Games and Net and Wall Games in team and individual contexts</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p>	<p>Fitness and Net and Wall Games' in team and individual contexts.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p>	<p>Developing wider sporting values and promoting British Values through sport.</p> <p>Assessment is of students' ability to demonstrate the key themes within each lesson.</p>	<p>Striking and Fielding Games in team contexts.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p>	<p>Striving for a personal best in Athletics.</p> <p>Assessment of different athletic events, assessed Against National Average Data for Athletics times and distances</p>
Key Knowledge/ Skills	<p>To develop key performing skills in isolation and then apply them to conditioned drills and games in Handball, Netball and Football.</p> <p>Develop accuracy of passing, footwork and shooting in Football, Handball and Netball in conditioned drills before applying these skills to game play.</p> <p>To learn how to performing tackling in isolation, at different speeds to develop</p>	<p>To learn the basic rules for starting a game, winning a point/scoring and the lines/markings of the court or pitch in Basketball, Table Tennis and Badminton.</p> <p>To develop understanding of and ability to perform key skills before applying them to conditioned drills and gameplay situations in Basketball, Table Tennis and Badminton.</p> <p>Start to understand when and why certain skills are used at</p>	<p>To develop knowledge and understanding of a range of fitness testing and training methods</p> <p>To complete the Multi-stage fitness Test.</p> <p>To continue to develop knowledge and understanding of when and why specific shots/skills should be used in game play in Basketball, Table Tennis and Badminton.</p>	<p>To understand core qualities of being a good sports person, with a focus on respect, team work and perseverance.</p> <p>To be able to demonstrate core qualities within a range of sporting competitions.</p>	<p>To learn the basic rules of field positions, batting and bowling requirements in both cricket and rounders.</p> <p>To develop key bowling and batting skills, in isolation to begin with before applying to game play situations.</p>	<p>To learn the key skills involved in the throwing events of javelin, shotput and discus, in isolation to begin with, before introducing run-ups, turns and spins respectively.</p> <p>To develop and refine running technique and then apply to range of running events.</p>

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	confidence in Rugby Union.	certain points in games.				
Rationale:	<p>This scheme develops the knowledge of the rules of the invasion sports that students will have covered at key stage 2 and focuses on the development of core skills to aid students' ability to perform in a match situation.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme continues to focus on team games and the development of students' ability to apply key skills to match play situations but in sports that they may not have prior experience of.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme aims to encourage students to understand the term fitness, its importance beyond PE lessons and how they can improve their fitness levels.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme focuses on students learning about wider sporting values such as etiquette, tolerance and respect and students are then challenged with applying these values in different sporting contexts.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme builds on the knowledge of sports students will have covered at Key Stage 2 whilst aiming to develop their ability to apply key skills to match play situations.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme is designed to introduce students to athletic events that they may not have prior knowledge of whilst also developing their ability to refine and improve their technique for other athletic events.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>