

## Year 8 Curriculum Map: PE

	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>Unit Title &amp; Assessment Task</b>	<p>Invasion games in a team context.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>	<p>Invasion Games and Net and Wall Games in team and individual contexts.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>	<p>Fitness and Net and Wall Games' in team and individual contexts.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>	<p>Developing wider sporting values and promoting British Values through sport.</p> <p>Assessment is of students' ability to demonstrate the key themes within each lesson and to be positive role-models to their peers.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>	<p>Striking and Fielding Games in team contexts.</p> <p>Assessment of all learned skills from the unit in competitive gameplay situations.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>	<p>Striving for a personal best in Athletics.</p> <p>Assessment of different athletic events, assessed against National Average Data for Athletics times and distances.</p> <p>Assessment is driven by the Head, Heart, Hands framework.</p>
<b>Key Knowledge/ Skills</b>	<p>To develop key performing skills in isolation and then apply them to conditioned drills and games in Handball, Netball, Football and Rugby Union.</p> <p>Develop decision making skills when selecting correct type of pass, footwork and shooting in Football, Handball and Netball in conditioned drills before applying these skills to game play. Emphasis on tempo and speed of gameplay in Football, Rugby Union, Handball and Netball.</p>	<p>To develop and apply various skills, rules, tactics and strategies in gameplay to outwit opponents in order to win points and games, and to develop officiating skills in contexts such as Basketball, Table Tennis, Football and Badminton.</p> <p>To further develop understanding of and ability to perform key skills before applying them to conditioned drills and gameplay situations in Basketball, Football, Table Tennis and Badminton.</p>	<p>To develop knowledge and understanding of a range of fitness testing and training methods, focusing on components of fitness and their relevance in wider sporting contexts.</p> <p>To complete a range of fitness testing and training and develop understanding of the importance of leading a healthy, active lifestyle.</p> <p>To continue to develop knowledge and understanding of when</p>	<p>To develop core qualities of being a good sports person, with a focus on respect, team work, resilience, empathy and perseverance.</p> <p>To be able to demonstrate core qualities within a range of sporting competitions.</p> <p>To continue to develop knowledge and understanding of when and why specific shots/skills should be used in game play and to accurately select when to apply them in Table</p>	<p>To further develop rules of field positions and scoring. Focus for bowling is on speed, power and accuracy. Development of throwing accuracy and throw selection when fielding, and developing a wider range of shots when batting.</p> <p>To develop key bowling and batting skills, in isolation to begin with before applying to game play situations.</p>	<p>To develop the key techniques involved in throwing events of javelin, shotput and discus, in isolation to begin with, before introducing run-ups, turns and spins respectively.</p> <p>To further develop and refine running technique and then apply to range of running events with a focus on running quicker times than in Y7.</p>

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	To learn how to develop tackling technique and to implement accurately and safely in Rugby Union gameplay.	Start to select when to apply the correct types of skills in gameplay situations to outwit opponents.	and why specific shots/skills should be used in game play and to accurately select when to apply them in Basketball and Badminton game situations.	tennis and Badminton game situations.  To complete a range of fitness testing and training and develop understanding of the importance of leading a healthy, active lifestyle.		
<b>Rationale:</b>	<p>This scheme builds on the knowledge of techniques, rules and strategies of the invasion sports that students will have covered at key stage 2 and in Y7. Focus is on the skill development in isolation and accurate application in match situations.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme builds on the knowledge of techniques, rules and strategies of the invasion and net/wall games in both team and individual settings. It further embeds skills and knowledge in sports that students will have covered at key stage 2 and in Y7. Focus is on the skill development in isolation and accurate application in match situations.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme aims to encourage students to understand the role of fitness within leading a healthy, active lifestyle and to begin to make links between fitness levels and performing in other sporting contexts.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme focuses on students learning about wider sporting values such as etiquette, tolerance and respect and students are then challenged with applying these values in different sporting contexts. Pupils are to develop their leadership qualities in the role of team captain, which all pupils experience in this unit.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme builds on the knowledge, skills, rules and strategies that students covered in Rounders and Cricket in Year 7.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>	<p>This scheme is designed to build on the fundamental techniques learned in Y7 in order to improve distances and times due to improved technique and increase in physical attributes such as height and strength. Pupils begin to make links between athletics events such as throws, runs and jumps.</p> <p>The unit is taught now because of weather conditions, facilities available and in-line with the RSSA School Games Calendar.</p>