



# All Saints' Roman Catholic High School

## Newsletter

October 2024

Dear Parents,

As we approach the end of our first half term, I am pleased to reflect on the vibrant and productive period we have experienced in just over six weeks. Our school calendar has been brimming with significant events, each contributing to the spiritual and educational growth of our pupils. From the welcome masses that ushered in our new academic year to the Valley Mass that brought our community together in faith, we have certainly embraced our Catholic ethos. The Castlerigg retreat provided a valuable opportunity for reflection and personal development, while our Year 7 pupils engaged in a thought-provoking Catholic Social Teaching day, reinforcing our commitment to social justice and ethical education.

I am delighted to report that progress on our new school building continues and we remain on schedule for completion by Easter, a prospect that fills both staff and pupils with anticipation. The promise of enhanced facilities and learning environments is a testament to our school's growth and dedication to providing the best possible educational experience.

Our Year 7 cohort has made a particularly impressive start to their All Saints' journey. Their enthusiasm for learning and eagerness to participate in the wide range of lunchtime and after-school activities have been truly heartening. It is a joy to witness their seamless integration into our school community and their embracing of the opportunities available to them.

This half term has been rich with educational excursions and career-focused events. Our Year 10 historians embarked on an enlightening trip, while Year 8 pupils explored future possibilities at Lancaster University. On-site, we hosted a comprehensive careers fair for our Year 10 and 11 pupils, providing valuable insights into potential pathways. Additionally, our partnership with Burnley in the Community has flourished, with their representatives working twice a week on various small group projects and one-to-one sessions, benefiting over 50 of our pupils.

I am immensely proud to share that our pupils have collectively amassed over 20,000 SHINE points this half term – a remarkable achievement that reflects their commitment to our school values. Our recent Hello Yellow day was a resounding success, raising over £200 for mental health charities through on-site activities and our JustGiving page. Furthermore, our PE department's re-awarded Gold Standard School Games Mark is a testament to their unwavering dedication to providing exceptional sporting opportunities for our pupils.

As we look ahead, I must draw your attention to some important notices. Firstly, a gentle reminder that leggings are not permitted as part of our school uniform. Any pupil wearing leggings instead of a skirt or trousers will be required to attend an after-school detention on the same day. Secondly, please note that school resumes on Monday, 28th October at 8:30 am for all pupils. Additionally, I would like to give advance notice that the school will be closed for all pupils on Thursday, 28th November and Friday, 29th November, reopening at 8:30 am on Monday, 2nd December.

As we break for the half-term holiday, I would like to express my gratitude for your continued support and engagement with our school community. The successes and achievements of this term are a reflection of the collective effort of our pupils, staff, and families. I look forward to building on these accomplishments in the coming months.

Mrs Lord  
Headteacher



# All Saints' Roman Catholic High School

## Newsletter

### News from the RE Department

Dear Parents and Carers,

It has been another busy half term in the RE Department. We began our school year in celebration of our faith by having our Welcome Mass and 'clapping in' our new Year 7 intake. Fr Chris was able to celebrate two Masses for us. Thank you to Lucas Stanton in Y7 and Demi-Leigh Skorupa in Y8 who were happy and willing to be altar servers.

We have launched the Rossendale Hospice 'schools' penny appeal'. All pupils were given a box to fill up with loose change. Please could these be returned to Form Tutors. Last year All Saints' raised the most money in our category and it would be great if we could do so again.

We welcomed our Primary schools on the 10<sup>th</sup> of October to the annual Chaplaincy Training afternoon. It was a great opportunity for all schools within the cluster to meet and share ideas. Thank you to Mrs Brobbin from St Peter's who led us in our workshops. We then had the pleasure of hosting the Valley Mass, where Canon McBride, Fr Christ McGrane and Fr Simon Stamp concelebrated. The theme of the Mass was Laudato Si – Our Common Home; all schools had created lovely pieces of artwork to represent this theme. Thankyou to all staff, pupils and parents from across the schools who were able to attend the Mass, which involved the commissioning of pupils into their respective chaplaincy/ GIFT teams.

On Friday 18<sup>th</sup> of October we will be holding a Catholic Social Teaching Day for Year 7; pupils will be learning about their House Saints, having a prayer and worship workshop, creating some artwork and we will welcome Kath Ansley from CARITAS as well as representatives from CAFOD.

Thank you to Miss Kenwright for leading the All Saints' retreat to Castlerigg for Y9 pupils earlier in the month. Pupils and staff had a wonderful time and enjoyed the experience immensely.

Kind regards

Mr Sidlow

### Catholic Social Teaching

What a fantastic half term our Year 7 have had here at All Saints' We have had so much to celebrate and it has been wonderful to witness so many lights shining on a daily basis. This half term will culminate for Year 7 with an enrichment day focused on Catholic Social Teaching. Students will learn about their house saints and how each of these inspiring individuals encouraged dignity and service in some of the most challenging areas and times. We are pleased to be welcoming volunteers from both CAFOD and Caritas our diocesan charities, who will show students how they can practically get involved with Catholic Social Teaching as they progress through Year 7.

Mis Montgomery  
Deputy Headteacher

**CAFOD**  
Catholic Agency for  
Overseas Development

**Caritas**  
Diocese of Salford



# All Saints' Roman Catholic High School Newsletter

## News from the Pastoral Team

As part of our celebration for the feast of St Francis of Assisi a small group of pupils who had the highest Positive Achievement Points in the School were treated to a trip to Heaton Park. We enjoyed a lovely walk around the park and went to see the Farm Animals and then finished the afternoon off with an ice-cream in the beautiful sunshine.

It was lovely to spend some time with the pupils and Miss Laverty really enjoyed driving the new School minibus!

**Mrs Barlow**  
Year 7 Pastoral Leader.



## News from PE Department—Girls

This half term Girl's PE have focused on netball and basketball. In netball they have looked at passing, footwork, positions and rules of a game. Pupils have developed their understanding of correct techniques to passing accurately and consistently, pass selection, pivoting, the roles of different positions and how to umpire a game.

In Basketball we have looked at dribbling, passing, blocking, shooting and the rules of a game. They have also looked at the similarities and differences between basketball and netball.

Extra-curricular clubs have begun with netball and football taking place after school, ran by out year 10 sports leaders. Netball Tournaments begin soon for each year group and we have entered two football competitions for next half term. Look out for team pictures and write ups.

Well Done to every pupil putting in hard work in PE this half term.

### **KS3 Netball Club**

Every Monday after school pupils from years 7,8 and 9 attend the Netball Club, this has been run by the Year 10 Sports Leaders since September. Over the course of the weeks, we have covered many different rules, positions and skills, some of these include footwork, driving into receive the ball, shooting techniques, defending and much more. Usually on a Monday after school the children will take part in a range of activities including drills, shooting games and matches. Every student that has attended has shown great enthusiasm for the sport and has improved massively since September. Everyone is also great at listening, following instructions and are very willing to play and try out positions they are less comfortable with.

This club will continue until Christmas, all are welcome to attend.

### **KS4 Netball Club**

Every Tuesday lunch time has been the year 10 and 11 netball club with Miss Hockett which has focused on game play, footwork, positioning and tactics.

Miss C Hill  
Curriculum Leader of PE



### News from the PE Department—Boys

#### KS 3

Y7 - The boys have made an extremely positive start to life at All Saints' both in PE lessons and in their engagement with extra-curricular opportunities. Over 20 pupils attended the football trials with Miss. Starkie and all of those boys have now represented school competitively. The A Team drew their first Rossendale League game in a thrilling away game at Whitworth that finished 4-4. The team showed great character to keep coming from behind and earned an important point thanks to a Lucas Clegg hat-trick and a goal from Spencer McNeill. We then took two squads for friendly games against Haslingden High School, the A Team played superbly again, eventually losing 1-0 in a game that they dominated. The B Team won their game 2-1 thanks to a brilliant goal from Frankie Rothwell and a winner from Logan Collier. The team will face Alder Grange in the league before half term.

Y8 - The Y8 team have stepped up from 9-a-side to 11-side this year and lost their first league game 3-0 at Haslingden. The team really stuck to their task and the scoreline flattered our opponents.

Y9 - The Y9 team have been bolstered by Y8 pupils stepping up and playing in the team and they narrowly lost to Haslingden in their first league game of the season. The team showed great resilience in rallying from 3-0 down before eventually losing the match 3-2. Hussain scored a brace for the Saints'.

KS3 PE - In PE lessons the boys have been developing their skills in football and rugby union. Behaviour, attitudes and kit have all been of a really high standard - keep up the good work for the rest of the year lads!



#### KS 4

Y10 - The Y10s suffered a cruel exit from the English Schools Cup, losing 2-1 to Westholme late in extra time. In a close game the team came from 1-0 down to equalise late on thanks to a superb free-kick from captain George Sadler. The team will hope to fare better in the Lancashire Cup next half term and kick off their league campaign at Alder Grange before half term.

Y11 - The Y11 team have had a brilliant start to the league season. They beat Haslingden convincingly 6-2 to put themselves top of the league in the early stages. In a strong squad performance, the goals were scored by; Joseph Richardson x4, Harley Peters and Spencer Ireland.

Sport Studies - The Y11 boys' Sport Studies class have been performing in the role of 'teacher' this half term and have been delivering some excellent PE sessions to their peers as part of their practical assessment on the Sport Studies course.





# All Saints' Roman Catholic High School Newsletter

## News from the PE Department

### District Fell Running Competition



Each year, it is a tough race in tough conditions, with the best fell/cross country runners competing.

Well done to all four pupils who represented All Saints' Lyla Duffy, Tilly Duffy, Theo Ormerod and Alice Carr. They all ran exceptionally well.



## News from the PE Department



We have received the excellent news that All Saints' have been awarded the Gold Award by the School Games Mark for the second year running.

'The School Games Mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.'

Due to the continuous dedication to giving pupils at All Saints' as many opportunities as



possible in both competitive and inclusive PE events we are proud to be recognised for the second year and continue to uphold our Gold Award Status.

The award recognises a diverse and inclusive approach to physical activity both within and beyond the PE curriculum. It highlights the creative, positive experiences that the PE Department offers and how provision is designed to reflect the motivation, competence and confidence of our young people. It also emphasises All Saints' commitment to Y6/7 transition events and representation at inclusive School Games Events.

Regards  
Miss C Hill  
Curriculum Leader of PE



## News from the PE Department—Girls

### Year 9 Rossendale Schools Netball Tournament

On Monday 7th October the Year 9's competed in the Rossendale Schools Netball Tournament. The team started off with a tough game against BRGS which unfortunately meant a starting loss for the girls but this did not dis-hearten them. They continued throughout the tournament with smiles on their faces extremely good sportsmanship, team work and resilience. The defence between Erin Skillings, Emily Clarkson, Maddie Court-Stanton and Maddie Abraham was fantastic with lots of great interceptions. The ball was then played down court with some good passes between Alice Carr, Poppy Thomson and Ava Jefferson to the shooters Lyla Duffy and Rosie Bacon. The girls finished the tournament with a win against TVLA.

Well Done for representing the school so well year 9's.

Miss C Hill  
Curriculum Leader of PE



## News from the PE Department—Girls

### Girls Fun Football

On Thursday 3rd October All Saints' took part in the year 6/7 fun girls football event held at TVLA. All Saints' took a team of seven Year 7 pupils: Ruby Cummins, Ruby Murray, Lola Jarrett, Annabelle Heaps, Taylor Shaw, Emeli Lynch and Gracie Davin. For the first half of the event the girls took part in a mixture of stations focusing on a variety of skills including: passing, shooting, dribbling and find the space. The team then went on to play three matches for the second half of the event. They played against Whitworth, St James the Less and St Peters'. The girls played brilliantly as a team and as the event was for fun, scores were not recorded. Well Done to all involved.

A massive thankyou and 'well done' goes to Lola Monks who came along to the event as the Team Manager and Ruby Monks who came as Assistant Manager. Lola helped organise the girls into positions, gave them praise and feedback to keep them motivated and help them improve. She also helped with photography. Ruby over saw the pupils' well-being and helped sort kit and equipment. Well Done Lola and Ruby.

Miss C Hill  
Curriculum Leader of PE





# All Saints' Roman Catholic High School Newsletter

## News from the Careers Department

Our Year 10 and 11 students recently had an exciting and informative day at our **Careers Fair** and Year 11 **Personal Development Day**. It was a fantastic opportunity for our students to start thinking about their futures and explore the wide range of options available after secondary school.

For Year 11 students, the day kicked off with their first **Personal Development Day** of the year, where they took part in a session on **Post-Secondary School Options**. This session provided valuable insight into the many pathways they can choose from, including college, apprenticeships, and university. To complement this, **Future U** hosted an inspiring session on **Growth Mindset**. Helping students to embrace a positive outlook as they approach their GCSEs is essential for building resilience and preparing them for the challenges ahead. These sessions gave students the tools to tackle their final year with confidence and determination.

Meanwhile, both Year 10 and 11 students had the opportunity to attend our **Careers Fair**, which featured a host of local colleges, apprenticeship providers, universities, and representatives from a range of industries. Students engaged with experts from a variety of fields, gaining valuable information and advice about the career paths and opportunities available to them. It was a fantastic chance for students to ask questions, explore their interests, and begin planning for their future careers.

The day concluded with an exciting **Public Speaking Challenge**, run by **Burnley College**. This session encouraged students to step out of their comfort zones, helping to build essential communication skills and boosting their confidence in speaking to an audience—vital skills for any future career!

Overall, the Careers Fair and Personal Development Day were a huge success, providing our students with a clear vision of their future options and the tools to succeed. We look forward to seeing them apply these valuable lessons as they continue their journey through school and beyond!

Mr Panaro, Careers Lead



## News from Charity

### HELLO YELLOW

This Hello Yellow week we joined thousands of individuals, schools and communities across the country to raise money and show young people that they're not alone with their mental health.

On Thursday the 10th of October, here at All Saints' Roman Catholic High School, we held a bake sale along with freshly made milkshakes. Staff wore yellow clothing and donated fruit to the cause.

The School Council, Student Leadership Team and Stevie Holmes did a fantastic job in supporting this great cause, raising £246 to help young people feel they can get the support needed.

Miss Weir  
Welfare and Family Support Officer



10/14/24, 9:18 AM All Saints' RC High School is fundraising for Young Minds Trust

JustGiving

All Saints' RC High School  
All Saints' Hello Yellow 2024  
Fundraising for Young Minds Trust

49% £246 raised of £500 target by 11 supporters

Give Now

Share

Event: Hello Yellow 2024, on 10 October 2024

Hello Yellow 2024  
Campaign by Young Minds Trust (RCN 1016968)

Wear yellow this World Mental Health Day on 10th October and raise money to show young people that they're not alone with their mental health. Because we stand brighter, together.

Story

This Hello Yellow we will join thousands of individuals, schools and communities across the country to raise money and show young people that they're not alone with their mental health.

Right now, less than 1 in 3 young people with a mental health condition are getting access to NHS care and treatment. This isn't good enough and things need to change.

Because we stand brighter, together.

<https://www.justgiving.com/page/all-saints-helloyellow>



### News from the Science Department

#### BAE SYSTEMS ROADSHOW

On Friday 4<sup>th</sup> October, the BAE Systems Roadshow, brought its electrifying 2024 program to All Saints'. This interactive experience, delivered by the Education Programme at BAE Systems in collaboration with the Royal Navy and the Royal Air Force, captivated Year 7 and 8 students with their Electricity themed roadshow. The students not only learned how electricity was generated, but also how it works, the difference between conductors and insulators and the power of the Van Der Graff generator. They were actively involved in building circuits, answering questions and taking part in quizzes. They even had Ms Khan cycling to power a windmill! The roadshow was thoroughly enjoyed by all. We hope to be welcoming them back in a year.

#### The Science Department

### News from the Careers Department

We are thrilled to share that 60 of our Year 7 students recently took part in an exciting **Green Careers Day** at Malham, organised in partnership with the **Envision OUT** team and the **Yorkshire Dales National Park Rangers**. It was an incredible day of hands-on learning and exploration, aimed at inspiring the next generation of environmental scientists!

The students had the opportunity to get involved in several engaging activities, including:

- **Stream Dipping:** Testing the cleanliness of the local stream while learning about the importance of water quality in sustaining healthy ecosystems.
- **Park Ranger Path Survey:** Students joined a park ranger for a scenic walk to inspect paths and learn about conservation efforts in the area.

**Tree Ageing Activity:** Students measured trees, identified their species, and discovered how to calculate how much carbon one tree can store—a valuable lesson in the role trees play in tackling climate change.

The day also included fascinating talks from professionals about their career journeys in environmental science and conservation. Our students were inspired by hearing about the variety of paths they could pursue to help protect the planet!

A huge thank you to the **Yorkshire Dales National Park Rangers** and the **Envision OUT** team for making this day such a memorable and enriching experience. The students loved every moment and returned with a greater appreciation for the natural world and the many career opportunities within it!

We look forward to many more inspiring trips like this in the future.

Mr Panaro





# All Saints' Roman Catholic High School Newsletter

## News



## Online Safety Newsletter Oct 2024

### iOS 18 Launch

Apple have recently released their latest operating system, iOS 18. iOS 18 offers lots of new features (some are restricted to newer phones) but one feature that you should be aware of is the ability to now lock and hide apps.

When an app is locked, Face ID, Touch ID or your passcode will be required to open it. This also means that notifications will no longer be shown for that app. Additionally, apps can now be hidden so they can only be accessed through a hidden apps folder that is also locked. This new feature illustrates the need to have regular chats with your child about what they are using their phone for.

### Vault (secret) Apps

Have you heard of Vault Apps? They are basically secret apps that are concealed by looking like a normal, less conspicuous app. For example, one of these apps looks and works like a working calculator when opened, but when a passcode is entered, it reveals photographs, videos, documents and contacts. One way to prevent your child from using these apps is to ensure parental controls are set up so you can review all app purchases. You can find out more here:

- <https://www.bark.us/blog/hidden-apps/>
- <https://www.safes.co/blogs/vault-apps/>

### Mobile phones: do you know the risks?

We know that children having access to a smartphone can expose children to risks including:

- Viewing inappropriate content
- Excessive screen time/use, which in turn can affect their mental health and sleep pattern.
- Contact from inappropriate people/grooming
- Cyberbullying
- Spending money on in-app purchases/scams



### What effects do mobile phones have on children's mental health?

Compass discuss the research around this important topic, outlining the positive and negative effects that mobile phones have: <https://www.compass-uk.org/services/compass-changing-lives/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

### EE launches Age Guidance

EE has launched age guidance for smartphone usage to improve children's digital wellbeing. In summary, they recommend that children under 11 should use non-smart devices, for children aged 11-13, they advise that if a smartphone is used, then parental controls should be enabled and access to social media restricted. Finally, for 13-16-year-olds they still recommend that parental controls are implemented and appropriate restrictions set up. You can read the full guidance here:

<https://newsroom.ee.co.uk/ee-launches-age-guidance-for-smartphone-usage-in-drive-to-improve-childrens-digital-wellbeing/>

### Could you delay when your child is given a smartphone with Smartphone Free Childhood?

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age: <https://smartphonefreechildhood.co.uk/>

### What device?

When you think it is the right time for your child to have a phone, then Which? provide an overview of some options available: <https://www.which.co.uk/reviews/mobile-phones/article/buying-a-first-mobile-phone-best-dumb-phones-and-smartphones-for-kids-a03C3Y8a7r>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.10.24.

### Instagram: new Teen account features

You must be over 13 years of age to set up an account.

Instagram is used to post photos and videos as well as send direct messages, make voice/video calls and send disappearing messages. Users can also upload to 'Stories' (which disappear after 24 hours), broadcast live and upload reels (short videos).



### Teen accounts – NEW feature

Instagram have introduced Teen Accounts to try and create a safer experience for them. With a Teen Account, who they can contact is limited and the content they access will be set to the most restrictive setting to reduce exposure to sensitive content. If a teen would like to override any of these settings, then they will need their parent's permission by setting up parental supervision. These changes will be in place for all new users straightaway so any users that sign up that are under 16 will automatically be given a Teen Account. Existing users will be moved over to Teen Accounts over the next couple of months (in the UK).

### Supervision settings – new features

Instagram already offers a supervision facility, but they have added to the features to include:

- The ability to see who your child has messaged in the past week (you will not be able to see the contents of these messages)
- The option to block your child from accessing Instagram at certain times e.g. during school or at night.
- The ability to see what topics your child has chosen to see.

Read the press release from Instagram, which outlines all the upcoming changes: <https://about.fb.com/news/2024/09/instagram-teen-accounts/>

### You may not be seeing everything!

Did you know that you can hide your stories and live videos from specific people so your child could be uploading content but restricting your account from viewing it?

### Safety Features

Ensure your child knows how to report posts and people, how to unfollow and block people, delete and turn off comments. View here: <https://help.instagram.com/269765046710559>

Make sure your child understands that there is a risk that content they upload can be shared with others without their permission as other users can screenshot it.

### More information

- Visit the family centre to learn more about the features available: <https://familycenter.meta.com/uk/>

### Is your child gaming with strangers?

The UK Safer Internet Centre answer this question in a recent blog as well as signpost to additional resources:

<https://saferinternet.org.uk/blog/my-child-is-gaming-with-strangers-what-should-i-do>

### Sexual Image Sharing

Internet Matters have produced this article outlining their research and what you should know about. The article also includes how to talk to your child about this topic as well as links to further resources:

<https://www.internetmatters.org/hub/research/parents-guide-child-sexual-image-sharing/>

### Be aware of what you share

Get Safe Online have produced a set of tips to help you avoid oversharing and outlines what the consequences might be if you do:

<https://www.getsafeonline.org/whatdo-youshare/>

### Staying safe online with Google Families

Google have a one stop resource to help you and your family stay safe online. It includes how to set up parental controls and important steps on how to keep your children safe online. You can find out more here:

<https://families.google/>



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