

PSHE Overview 2026–2027

Personal, Social, Health and Economic Education

Our PSHE curriculum supports pupils' personal development, relationships, health and wellbeing, safety, citizenship, financial understanding and preparation for adult life. The overview below sets out the planned curriculum content for each year group, together with the KS3 financial education curriculum and careers-focused drop-down days.

Year 7

Term 1 – Pol-Ed

- Banter or bullying
- Child on child abuse
- How to deal with conflict
- How to deal with friendship breakdown
- Why is trust important
- What is the age of criminal responsibility
- What are protected characteristics
- What is hate crime
- What is anti-racism
- What is LGBTphobia
- What is honour based abuse
- How can it feel to witness a crime

Term 2 – Ten Ten Catholic Relationship and Sex Education

- Who am I
- Changing Bodies
- Healthy Inside and Out
- Keeping Well
- Where we Come from
- Family and friends
- My Life on Screen
- Living responsibly
- Basic First Aid

Term 3

- Expect Respect against Domestic Violence – healthy relationships
- How do we balance independence and risk
- How can we be responsible road users
- How do I report a concern?
- What range of emotions are there?
- What are my strengths?
- What are my areas to develop?
- What influences my health choices?

How can vaccinations support our health?

Summer Safety

Year 8

Term 1 – Pol-Ed

Are we responsible on social media
How do I deal with unplanned encounters
How can I deal with my friends using drugs and alcohol
Red flags in relationships
How safe are legal drugs
What is financially motivated sexual exploitation
What are deep fakes
What are my algorithms
Phishing and hacking
How can viewing harmful content make us feel?
How does social media make me feel?

Term 2 – Ten Ten Catholic Relationship and Sex Education

Appreciating differences
Feelings
Keeping well part 2
Before I was born
Tough relationships
Think before you share
Wider World
Basic First Aid part 2

Term 3

Expect Respect against Domestic Violence
What does the law say about the possession of drugs?
What is stop and search?
What are E-rides?
What are threatening behaviours?
What is money laundering?
How can drugs and alcohol impact the way we feel?
What are mental health conditions
How might relationship changes impact our wellbeing
Summer Safety

Year 9

Term 1 – Pol Ed

What is consent
What is sexism
What is child exploitation?
What's the issues with nudes?
How does the media portray sex and relationships
How can I manage online relationships
What is criminal exploitation
What makes a gang a gang?
Links between gaming and grooming
What are county lines
What is anti-social behaviour
What is asphyxiation?

Term 2 – Ten Ten Catholic Relationship and Sex Education

The Search for Love
Love People, use things - objectification
In control of my choices
Drug and smoking awareness
Fertility and contraception
Commitment and marriage
Understanding consent
Safe and Smart Online
Human Rights and Wrongs
Out and About in the wider world
Lifesaving Skills

Term 3

Expect Respect against Domestic Violence
What do we mean by intimidation
How might the internet influence behaviour
What is expected of me?
How do I deal with setbacks
What are my coping strategies
What is self-harm?
What is mental health stigma?
How can relationships impact the way I feel?
How can I support the health of others?
Summer Safety

Year 10

Term 1 – Pol-Ed

What are my relationship values?
What is emotional abuse?
What is toxic culture?
What is image based sexual abuse?
How can I manage online relationships?
How can I seek support about my behaviour in relationships?
What is extremism?
What is radicalisation?
Is it OK to protest?
What are public order offences?
How can we balance freedom with the law?

Term 2 – Ten Ten Catholic Relationship and Sex Education

Authentic freedom
Self-Image
Beliefs, values and attitudes
Parenthood
Pregnancy and Abortion
Abuse
Online Influences
Solidarity
Out in Public

Term 3

Expect Respect against Domestic Violence
How can we approach new situations
How can we be street savvy
Why is fighting not the answer?
What are the risks of carrying a knife?
What first is useful to know
How is my data used?
How can I get help when there are legal consequences?
What are my wellbeing warning signs?
How can I take responsibility for my health
When might weight gain be unhealthy?

Year 11

Pol-Ed

- Sexual offences
- Victim blaming
- Substance abuse and relationships
- My relationship with AI
- Gynaecological health
- Alcohol, drugs and dependency
- Mental wellbeing
- Eating disorders

Ten Ten Catholic Relationship and Sex Education

- Family planning and fertility
- Sexual health
- Pornography
- Coercive control

KS3 Financial Education Curriculum

Year 7

- What is money
- Needs, wants and choices
- Where does money come from?
- Understanding pay
- Banks and bank accounts
- How we pay for things
- Budgeting basics
- Saving Money
- Understanding Interest
- Spending wisely
- Advertising and consumer choices
- Keeping money safe online
- Scams and fraud
- Introduction to credit and debt
- Making good money decisions

Year 8

- Money & Me
- Financial Goals
- Managing a Budget
- Saving Strategies
- Comparing Savings Accounts
- Understanding Credit
- The True Cost of Borrowing
- Credit, Debt & Financial Choices
- Buy Now, Pay Later
- Consumer Rights
- Contracts & Subscriptions
- Financial Exploitation & Money Mules
- Financial Resilience
- Insurance & Risk
- Making Good Financial Decisions

Year 9

- Income, Payslips & Tax
- Credit & Debit
- Borrowing, Interest & APR
- Debt
- Payday Loans & High-Cost Credit
- Saving, Investing & Pensions
- Inflation & the Cost of Living
- The Economy
- Ethical Financial Decisions

Money Laundering & Money Mules

Independent Living

Renting, Buying & Housing Costs

Cars, Transport & Financial Commitments

Financial Resilience & Future Planning

Making Good Financial Decisions

Careers-Focused Drop-Down Days

Year 7

Burnley College – Career Journey
Future U – Areas of Industry
Accrington and Rossendale College – Intro to World of Work

Year 8

Burnley College – Resilience
Future U: Areas of Industry
Accrington and Rossendale College – Escape to Your Future!
Mock Interviews

Year 9

Burnley College – Y9 Options Session
Future U – Pathways Mapping Session
Accrington and Rossendale College – Options/Decision Making

Year 10

Burnley College – Interview Techniques
Future U – Work Readiness Session
Accrington and Rossendale College – Pathways to your Careers

Year 11

Burnley College – Next Steps and T-levels
Future U: Growth Mindset and Higher Education Options
Accrington and Rossendale College: Applications and Interviews